



# Lothlorien

Therapeutic Riding Center, Inc.



# How to Groom

# Grooming Tools



ORGANIZER TOTE



SCRAPER



MAIN & TAIL BRUSH

SOFT FINISHING BRUSH



DANDY BODY BRUSH



HOOF PICK



MAIN & TAIL COMB

METAL & RUBBER CURRY COMB



# Grooming Tools

Hoof pick

Removes debris and dirt from hooves



Curry Comb

Separate dust, dirt, and debris from skin and hair



Body brush

Uses for all parts of the body, removes dirt and debris



Soft brush  
for face & legs

Removes dust and foreign particles



Mane and Tail Comb

Clearing the tangles and knots of hair of mane and tail



Sweat or Water scraper

Removes sweat after exercise or bath



# Step 1: Secure Horse

**Put your horse's halter on and either secure your horse in the crossties or in their stall**



# **Step 2:**

## **Loosen Hair & Dirt**

**A curry comb helps to loosen hair and dirt from a horse's coat**

**Starting at their head, work your way to their tail using circular motions**

**Do not curry their head, mane, tail, and lower legs**

**As you use circular motions across their body, you'll notice dirt coming up from their coat**



# **Step 3: Remove Hair & Dirt with Hard Brush**

**After you use a curry comb, there will be hair and dirt brought to the surface of the horse's coat**

**Use a hard/dandy brush to then remove the debris**

**This brush can be used on the entire body in straight flicking motions**



# **Step 4: Soft Brush**

**Soft brushes are much softer than hard/dandy brushes, this brush is a better option for brushing sensitive areas like the face and lower legs**

**Use long and smooth strokes but avoid eyes and the end of their noses**



# **Step 5: Pick Hooves**

**This step can be complicated if you've never picked hooves before!**

- 1. Stand beside the horse, facing the opposite direction of the horse**
- 2. Place the hoof pick in your hand that is on the opposite side of the horse**
- 3. Run your hand closest to the horse gently down the front of its leg until you reach the hoof**
- 4. Gently lean into the horse simultaneously, encouraging them to shift weight so you can pick up the hoof**

# **Step 5:**

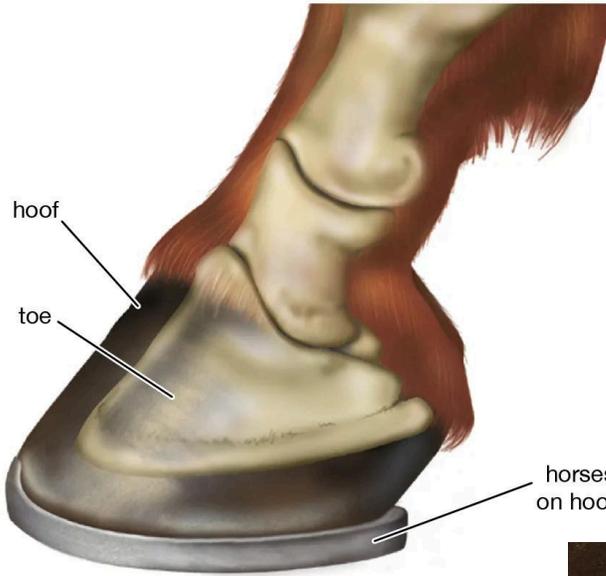
## **Pick Hooves Cont.**

- 5. While supporting and securing the hoof, use the hoof pick to remove any rocks or dirt**
  - 6. Start at the back of the hoof and work your way carefully towards the front**
  - 7. Clean the grooves on either side the V shaped part of the hoof, this is known as the frog**
  - 8. Do not pick the frog or dig too deep in the grooves! This can cause damage and cause injury to the horse**
- If this is your first time or you're unsure, ASK FOR HELP!**

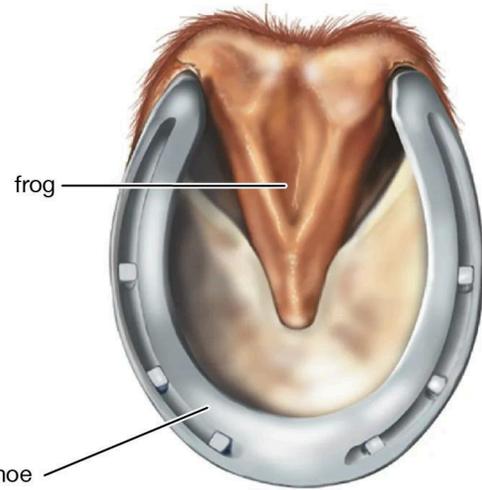
# Hoof Help

Hoof of a Horse

Side View



Bottom View



# **Step 6: Brush Mane & Tail**

**Stand to the side of the horse, especially  
when brushing the tail**

**Use the comb or brush and brush like you  
would human hair**

**It can help to hold a section in one hand  
and brush with the other**



# **Optional: Fly Spray**

**Flies are a nuisance, especially in warmer months!**

**You can finish your groom by applying fly spray if it is warmer outside**

**Spray the horse all over their body, avoid their face area**



**Congratulations!**  
**You have now**  
**groomed a horse!**

**Time to step back and**  
**admire your handywork!**

